BASIC MINI- GLACIER COURSE I

This three-day course is only organised on request and corresponds to the 'blue ice part' of a standard glacier course.

The basic three days glacier course begins at 8 pm or by appointment and is finished three days later in the evening.

Day	Where	Practice	Theory
1. evening	**Bretun**	Opening presentation and introduction. Distribution and adjustment of equipment. Knots.	Rope routines Next day
2.	**Nigardsbreen**	Training with crampons and ice axe on ice. Belaying methods. Glacier hiking	Crevasse rescue. Glaciology. Summing up. Next day.
3.	**Tuftebreen or Nigardsbreen**	Glacier hike on blue ice. Belaying methods	Summing up. First aid. Rescue operations. Next day.
4.	**Nigardsbreen**	Crevasse rescue on blue ice. Ice climbing with two axes.	Summing up the course. Cleaning the lodge Departure

Weather- and glacier conditions might change the programme.

Jostedalen Breførarlag does not accept any responsibility for loss, damage or injury occurred. Assurance is the participant's own responsibility.

Responsibility for participation rests with the participant.

WELCOME TO MINI-GLACIER COURSE IN JOSTEDALEN!

Course information

Accomodation:

Our lodge “Bretun” is located in Krundalen, a side valley to Jostedalen. It is about 2.5 km from the village center Gjerde, which has a shop and petrol station, cafe, hotel, and a camping site. It is also close to the glaciers and mountains in Jostedalen.
Turn westward (left) at Gjerde and follow the road towards Bergset.
Coordinates for Bretun lodge: 61.63474 and 7.22118**.**

“Bretun” has shower/toilet, drying room, and a washing machine, dining room with kitchen (self-catering), dishwasher, and a spacious and cozy fireplace lounge.

The participants make their own food that can be bought in the grocery shop at Gjerde.

In the lodge Bretun there are no bedclothes, bring your sleeping bag. Rooms with 4-8 bunks.

Personal equipment:

Clothing: Glacier boots (rigid), rain- and wind suit (jacket and trousers), woollen cap, mittens, warm pull-over, woollen underwear, gaiters, thick socks. Clothes/shoes for indoor use.

Diverse: Rucksack, sleeping bag, thermos flask, sunglasses and first aid kit.

Glacier equipment: Ice axe, crampons, sit- and chest harness, 4 sewn slings (2x120 cm + 2x60 cm), five karabiners incl. one screw karabiner (HMS) and one ice screw piton.
I needed you can hire/borrow complete glacier equipment.